HIV/AIDS Profile: Cameroon

Demographic Indicators

	with AIDS	without AIDS		with AIDS	without AIDS
Population (1000s)	15,422	15,779	Growth Rate (%)	2.5 %	2.8%
Crude Birth Rate	37	37	Crude Death Rate	12	9
Infant Mortality Rate			Life Expectancy		
Both Sexes	71	65	Both Sexes	55	63
Male	76	70	Male	54	61
Female	66	60	Female	56	64

Percent Urban	44		Total Fertility Rate	4.9	

Note: Above indicators are for 2000.

Estimated % of adults living with HIV/AIDS, end 1999 7.7 % Cumulative AIDS rate (per 1,000) as of 6/11/98 0.93 Cumulative AIDS cases as of 6/11/98 13576

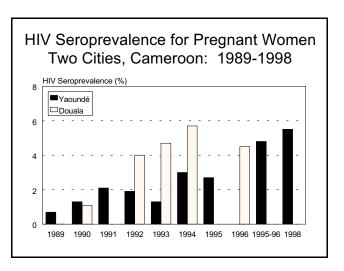
Sources: U.S. Census Bureau, UNAIDS, Population Reference Bureau, World Health Organization.

Epidemiological Data

Epidemic State: Generalized

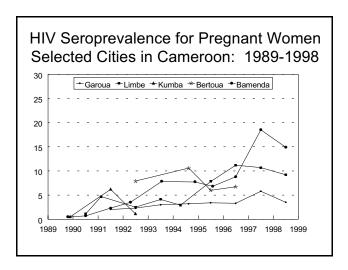
Information on the HIV epidemic in Cameroon primarily pertains to urban areas. There have been steady increases in prevalence among pregnant women and blood donors since 1990. By the late 1990s, prevalence ranged from 6 to 19 percent among pregnant women. HIV prevalence trends among sex workers remain unclear.

• According to sentinel surveillance, HIV infection generally increased among pregnant women in Cameroon's two main cities, Yaoundé, the capital, and Douala, during the 1990s. In both cities, HIV prevalence was 1 percent in 1990. By 1998, the infection rate in Yaoundé was almost 6 percent while, in 1996, the rate in Douala was 5 percent.

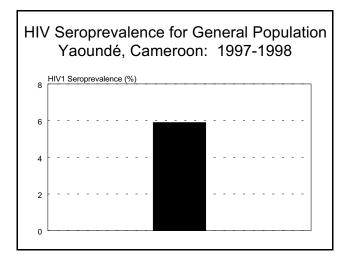


Source: International Programs Center, Population Division, U.S. Census Bureau, HIV/AIDS Surveillance Data Base, June 2000.

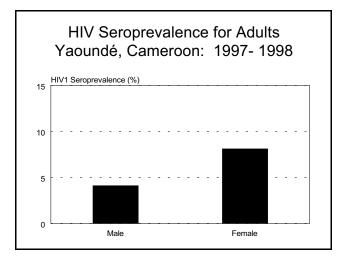
• HIV infection levels among pregnant women have generally risen in other cities of the country as well. In Bamenda, the capital of Northwest Province, 19 percent of pregnant women tested were HIV positive in 1997, much higher than the rate in Yaoundé or Douala. Higher levels were also seen in Limbe, an industrial harbor town. Eleven percent of pregnant women there were HIV positive in 1997.



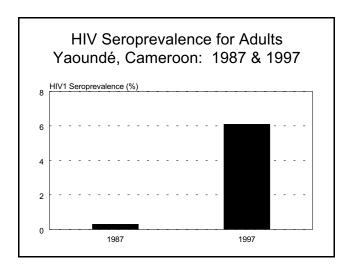
• Six percent of the general population was HIV positive in 1997-98 in Yaoundé. This result is from a multi-centre study of adults carried out in four African cities.



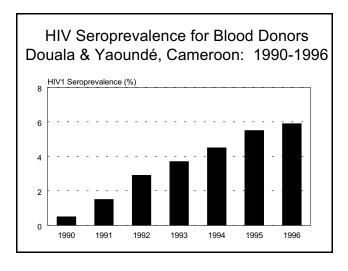
• The results from the multicentre study indicated that HIV seroprevalence was two times higher among female adults in Yaoundé. Eight percent of females were HIV positive, while 4 percent of males were infected.



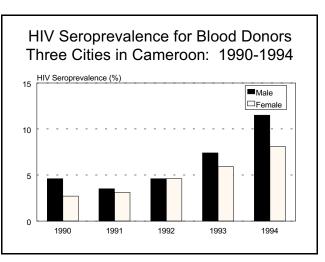
 HIV infection has increased dramatically within a low-risk population in Yaoundé. In 1987, less than 1 percent of adults tested were HIV positive. In 1997, 6 percent were infected, a six-fold increase within a ten year time span.



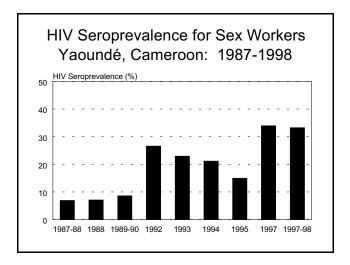
• At each city's main hospital, blood donors were tested for HIV in Douala and Yaoundé. Prevalence has steadily increased since 1990. From less than a 1 percent infection level in 1990, prevalence rose to 6 percent of blood donors tested in 1996.



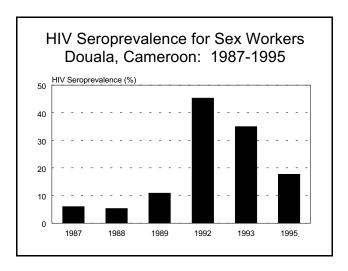
• HIV1 and/or HIV2 prevalence of blood donors tested at blood banks in Yaoundé, Douala, and Ebolowa, the center of the cocoa trade located in southwest Cameroon, has steadily risen since 1990. Male blood donors prevalence went from 5 percent in 1990 to 12 percent in 1994. Female donor infection levels rose from 3 percent in 1990 to 8 percent in 1994.



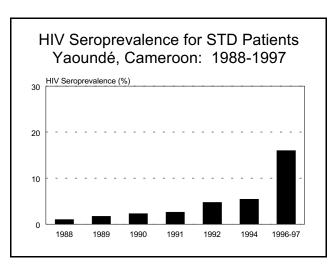
 HIV infection levels among sex workers in Yaoundé have fluctuated over time, remaining stable by the late 1990s. By 1998, 33 percent of sex workers tested were HIV positive.



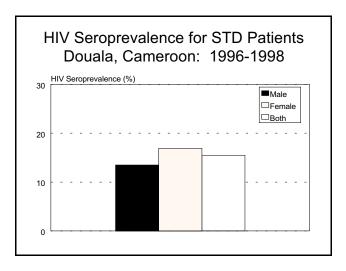
 After an alarmingly sharp increase among sex workers in HIV prevalence in Douala in the early 1990s, prevalence fell to 18 percent in 1995.



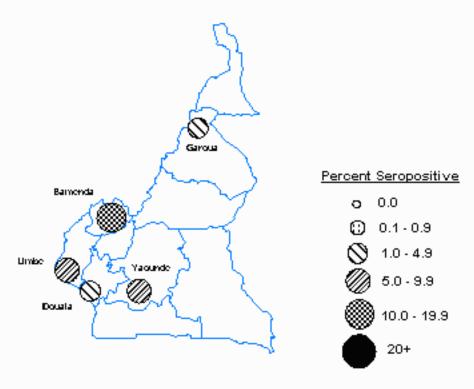
 HIV seroprevalence among patients attending STD clinics in Yaoundé rose to 16 percent in 1996-97. Previous levels ranged from 1 to 5 percent.



• There was little difference between male and female HIV prevalence levels among patients seen at the Dispensaire Antivénérien (DAV) Hospital in Douala varied by sex. Fourteen percent of male patients and 17 percent of female patients were HIV positive. The overall rate was 16 percent.



Seroprevalence of HIV-1 for Pregnant Women Cameroon: 1996 - 1998



u.S. Census Bureau, Populado Division, International Programs Center, Country Profile, September 2000.

Sources for Cameroon

- B0344 Bablia, M. I., 1997, HIV/AIDS Surveillance Report: 1996, Epidemiology Section National AIDS Control Program Cameroon, Ministry of Public Health, May, document.
- B0402 Buve, A., L. Morison, L. Zekeng, et al., 1999, HIV-1 Subtypes and Recombinants in the General Population and in Commercial Sex Workers in Four African Cities, XI International Conference on AIDS and STDs in Africa, Lusaka, Zambia, 9/12-16, Abstract 13BT5-4.
- B0406 Buve, A., R. Musonda, M. Carael, et al., 1999, Multicentre Study on Factors Determining the Differential Spread of HIV in 4 African Towns, XI International Conference on AIDS and STDs in Africa, Lusaka, Zambia, 9/12-16, Late Breaker Session.
- C0235 Cameroon Ministry of Health, 1992, HIV Surveillance Report 1992, Ministry of Health, AIDS Control Unit, November, report.
- C0236 Cameroon Ministry of Health, 1992, HIV Surveillance Report 1992, Ministry of Health, AIDS Control Unit, final report.
- C0237 Cameroon Ministry of Health, 1993, HIV/AIDS Surveillance Report 1993, Ministry of Health, AIDS Control Unit, preliminary report.
- G0110 Garcia-Calleja, J. M., L. Zekeng, J. P. Louis, et al., 1992, HIV Infection in Cameroon: 30 Months' Surveillance in Yaounde, AIDS, vol. 6, no. 8, pp. 881-882.
- G0147 Garcia-Calleja, J. M., P. Ngoumou, A. Boupda, et al., 1992, HIV Seroprevalence Study among Commercial Sex Workers in Yaounde and Douala, AIDS Control Unit, Ministry of Health, Yaounde, Sept. 92.
- K0024 Kaptue, L., G. Garrigue, M. Merlin, et al., 1988, Serology Survey of HIV 1 during Three Years in Cameroon, IV International Conference on AIDS, Stockholm, 6/13-14, Poster 5031.
- K0030 Kaptue, L, L. Zekeng, S. Djoumessi, et al., 1991, HIV and Chlamydia Infections among Prostitutes in Yaounde, Cameroon, Genitourinary Medicine, vol. 67, no. 2, pp. 143-145.
- K0070 Kaptue, L., L. Zekeng, R. Salla, et al., 1990, Setting Up a Sentinel Surveillance System for HIV Infection in Cameroon, VI International Conference on AIDS, San Francisco, 6/20-24, Poster F.C.597.
- K0073 Kaptue, L., L. Zekeng, P. Feldblum, et al., 1990, HIV-2 Infection among High Risk Groups in Yaounde, Cameroon, V International Conference: AIDS in Africa, Kinshasa, Zaire, Oct. 10-12, Poster W.P.B.3.
- K0255 Kenfack, H., C. Ndongmo, L. Zekeng, et al., 1997, T-Lymphocyte Subsets and HIV Infection in a STD Clinic Attendants in Yaounde, Xth International Conference on AIDS and STD in Africa Abidjan, Cote d'Ivoire, 12/7-11, Abstract A.275.
- K0316 Kengne, M., S. Kuate, S. Mangwa, et al., 1999, Prevalence of Sexually Transmitted Diseases in Patients Attending an STD Clinic, Douala, Cameroon: An Overview on 2 Years Survey, XI International Conference on AIDS and STDs in Africa, Lusaka, Zambia, 9/12-16, Abstract 13PT31-34.

- L0105 Lobe, V. E., R. Moyo, D. Mfonfu, et al., 1992, Prevalence of HIV Infection in Kumba, Cameroon, VII International Conference on AIDS in Africa, Yaounde, Cameroon, 12/8-11, Poster T.P.009.
- M0064 Merlin, M., R. Josse, A. Threbucq, et al., 1988, Epidemiological Monitoring of the Acquired Immunidepressive Syndroma (AIDS) in Six Central Africa States, Medecine Tropicale, vol. 48, no. 4, pp. 381-389.
- M0497 Macauley, I. B., 1997, HIV and AIDS Surveillance in Cameroon: 1995, National AIDS Control Programme.
- M0578 Mbopi Keou, F. X., R. Mbu, P. Mauclere, et al., 1998, Antenatal HIV Prevalence in Yaounde, Cameroon, International Journal of STD and AIDS, vol. 9, no. 7, pp. 400-402.
- M0614 Maculey, I., E. Kembou, A. Tamokoue, et al., 1999, HIV Prevalence in Antenatal Clinics and General Population in Cameroon, XI International Conference on AIDS and STDs in Africa, Lusaka, Zambia, 9/12-16, Session 14ET3-5 & Abstract 14BT3-4.
- M0624 Macauley, I. B., 1999, Synthese de la Situation Epidemiologique National du VIH/SIDA, Ministere de la Sante Publique, Comite National de Lutte Contre le SIDA, Republique du Camerounn, Octobre, report. ¹
- P0042 Pinay, P., G. De The, 1989, "Stagnation" Apparente de l'Infection HIV-1 a Douala, Cameroon, Appariton du HIV-2, IV Internat. Conf.: AIDS and Assoc. Cancers in Africa, Marseille, Oct. 18-20, Poster 050.
- R0117 Remy, G., 1993, Image Geographique de l'Infection a VIH 1 en Afrique Centrale: Des Discontinuites Remarquables, Annales de la Societe Belge de Medecine Tropicale, vol. 73, no. 2, pp. 127-142.
- S0261 Sam-Abbenyi, A., J. M. Garcia Calleja, L. Zekeng, et al., 1993, HIV Sentinel Surveillance among Pregnant Women in Six Provinces in Cameroon, 1989-1992, VIII International Conference on AIDS in Africa, Marrakech, Morocco, 12/12-16, Abstract Th.P.C.069.
- S0315 Sam-Abbenyi, A., 1994, Report on HIV-1 Sentinel Surveillance System in Cameroon 1994, Ministry of Public Health, Republic of Cameroon, AIDS Control Unit, Epidemiology Section, report.
- Tol46 Tapko, J. B., A. Kouinche, L. Guiffo, et al., 1996, Evoluation of HIV Seroprevalence among Blood Donors in Cameroon from 1990 to 1994, XI International Conference on AIDS, Vancouver, 7/7-14, Abstract Pub.C.1135.
- T0188 Tapko, J. B., A. M. Kouinche, M. Toukam, et al., 1998, HIV Seroprevalence among Blood Donors in Cameroon from 1990 to 1996, 12th World AIDS Conference, Geneva, 6/28-7/3, Abstract 23257.
- To205 Tongo, M., H. Kanfack, A. Nanfack, et al., 1999, Prevalence and Associated Risk Factors of HTLV-1 Infection in General Population and Sex Workers in Yaounde, Cameroon, XI International Conference on AIDS and STDs in Africa, Lusaka, Zambia, 9/12-16, Abstract 13PT31-16.

1

¹This source is not available in the June 2000 version of the HIV/AIDS Surveillance Data Base but will be included in future versions.

- Z0014 Zekeng, L., P. Barth, R. Salla, et al., 1990, A Seroepidemiological Study of Sexually Transmitted Agents (HIV, Hepatitis B Virus, T. Pallidum) among Sentinal Population. .., VI International Conference on AIDS, San Francisco, 6/20-24, Poster F.C.598.
- Z0025 Zekeng, L., Andela, J. M. Garcia, et al., 1991, Trends of HIV Infection among Pregnant women in Yaounde, Cameroon from 1989 to 1991, VI International Conference on AIDS in Africa, Dakar, Senegal, 12/16-19, Poster T.A.109.
- Z0045 Zekeng, L., L. Gurtler, E. Afane Ze, et al., 1994, Prevalence of HIV-1 Subtype O Infection in Cameroon: Preliminary Results, AIDS, vol. 8, no. 11, pp. 1626-1628.